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# **True Customer Stories - Amazing Home Cures!**

Actual or "based on phone discussions" with our customers....



# Health2us.com - Free information to enhance your health



# Stories covered in this issue

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HEALTH2US.COM NEWSLETTER Content starting from SEPTEMBER ISSUE #0 1999 Editor Fred Peschel

Monthly information on Colloidal Silver and its many benefits

This is the first issue of our Newsletter! To get it by email every month, send an email to subscribe@health2us.com with a subject title of ADD me to your list.

# **EDITOR COMMENTS**

Our goal with this Newsletter is to distribute some of the personal success stories and amazing results our customers have had with Colloidal Silver and also offer hints on marketing it. There is talk again of our biased government restricting the sale of colloidal silver and thus we feel the need to spread the word faster about the truly amazing benefits of ionic Cs. We truly hope these stories will benefit you or you family members and friends.

To submit your own success story, for possible inclusion in our next issue, please email it to doc@health2us.com. If you will allow your email address to be shown, so others can contact you directly, please include it at the end of your story! Below is a sample story based on my best friends experiences!

# ADULT ACNE TREATED

Probably the most vivid (people like to SEE results before they will believe) demonstration of the abilities of ionic colloidal silver is in the treatment of Acne. My best friend, at age 32 had sever adult acne and tried many creams with no real results. I had her taking colloidal silver internally and the acne was little effected. At my suggestion, she started cleaning her face twice daily with a cotton ball moistened with 5 PPM ionic colloidal silver and in just 2 days the results were vividly clear - an 80% improvement! Upon stopping treatment (she though she got rid of it) the red blemishes reappeared. Acne is apparently an external infection and thus internal consumption had little effect and continued external treatment is required, although now after 6 months she can be much more lax in cleansing her face. Contact kim@myautomail.com

# THE FERTILITY DRINK

I hope she will contact me to tell her story in our next newsletter, but basically, two months after receipt of our ionic colloidal silver generator, one of our customers called me with great excitement to announce that after 18 years of being barron, she had finally become pregnant! The only change in their life had been the consumption of colloidal silver!

#### INCURABLE INFECTION CURED

Another customer (his story will hopefully also be included next month) reported he had a sever liver infection which the Doctors had given up on after two years of treatment. With the purchase of our unit, and the confidence he gained from our discussion of the safety of ionic colloidal silver, he proceeded to take massive doses of a quart a day of 5 PPM ionic colloidal silver. In just two weeks not only was the liver problem cured but also an irritated bowel syndrome and some other problems. (based on phone conversation)

#### HORSE TREATED FOR PNEUMONIA

A customer (just ordering our unit) reported this

"I've been wanting to purchase a machine ever since one of my horses got sick with pneumonia and she was in intensive care for 2 weeks. I pulled her off the veterinarian prescribed antibiotics and put her on my "own plan" which consisted of 1/2 cup of colloidal silver/day and some vitamins that I researched from "Prescription for Nutritional Healing." It was night and day when I saw her the next day. Her temp. stabilized within a day and she wasn't in agony for 4 hrs everytime I administered the medicine. My vet had a heart attack but is pretty curious now about what I did... and how it worked." Kirsten from Hawaii

In Case You Didn't Know (To help you understand)

Cs - the common acronym for Colloidal Silver

IONIC - The prefered form of colloidal silver, being the smallest possible particle size (absorbed sublingually and passes thru our cell membranes, to attack viruses) and possessing a positive charge, making it the most stable in storage yet the most reactive and bio-available form of silver.

EPA FACTS - Their silver site on the web say's that 92% to 98% of colloidal silver is discharged by your body within 24 hours! For some wierd reason, the 92% figure is based on the retention by dogs and the more typical human figure is 98%. What doe's this tell us? Dogs need to take it less often then people?

Actually, if you have an infection, I.E. a need to maintain your systems level of colloidal silver, then you should take a dose every 2 hours, as a few studies found the liver clears it from the blood that quickly!

The most common question we get is why our unit will not make 100 PPM Cs

It is impossible to make ionic Cs (the prefered form) over 15-25 PPM, as crystals of metallic silver (the dangerous form of silver) form easily at that concentration! The product you see advertised as 50-500 PPM is either HV product (vaporized silver wire the metallic form) or silver protein, a form of silver ions bound to protein. The latter is most often used as a salve. All, and I mean all, medical references refer to 3-5 PPM as the recommended PPM and that 0.04 to 0.1 PPM is effective on many bacterium! See Ions 300 Times Better for proof!

Please forward this newsletter to any interested friends. We would be glad to add them to our list.

To your good health, Fred Peschel, Pres. PII Producer of the worlds best automatic colloidal silver generator http://www.health2us.com

# COLLOIDAL SILVER AND A LITTLE MIRACLE

"My husband and I have been married almost 18 years and have always wanted and tried to have children. We have been waiting on the Lord for many years! When I had walking pneumonia for 2 months earlier this year, my husband searched desperately for something besides the two antibiotics I had taken without much help. He found colloidal silver (made with a PII generator) and it not only helped build up my immune system, but within two months of us both taking it, I got pregnant! Praise the Lord! Not only did God bless us with a baby we will be having soon, but He gave us a wonderful way to get better ourselves and help others! We are truly thankful. I would also like to note that it researching, my husband found numerous times that it is not only safe but beneficial to the baby being formed in the mother's womb and to the mother to take colloidal silver while pregnant. Since we felt this to be true, plus we believed this was how God blessed us with our pregnancy and what helped us get pregnant, we knew it was the best thing for me as the mom-to-be to stay on colloidal silver for our baby and for me. The first doctor absolutely said no. So after praying, we found a wonderful doctor, one of the best in our surrounding area, that not only was excited for us and with us - he even offered a possible explanation of what might have happened. He said one or both of us could have had a low grade infection not even detectable by clinics, but enough to prevent pregnancy. He felt 5ppm - fine; no problem; that is so minimal. He felt it was safe to take, after he looked over the information we gave him (info. off Internet re colloidal silver

and pregnancy). I am 43 now and due in 2 mo. I feel great. We both thank God for our baby and for finding Colloidal Silver. I would also like to report that my father who is 80 had bacterial pneumonia badly and we got him to take 8 oz. of colloidal silver before he went in the ambulance to the hospital. Even though he went into respiratory arrest that night, was in ICU three days with a respirator down his throat, and had some congestive heart failure during those three days -- on the 3rd day they told him that the pneumonia was GONE! They took the respirator out, and he was in a regular room the next day. He was only on oxygen 1 day in the regular room. Four days later he was released and convalesced with family for a week. As soon as he got home after that, he looked so weak and frail and seemed worse than when we saw him in the hospital, I thought what kind of pills are they giving him? He was on 7 prescriptions, and his doctor told him no extras (since he knew my father takes chelation therapy once a month, takes many vitamins, and now takes colloidal silver - all of which he attributes doesn't do anything). He clearly told him no colloidal silver, no chelation, and no vitamins with his 7 prescriptions! He felt a year on all his medicine my father would be OK again. I told my father that it was my prayer that he would go back on colloidal silver even if nothing else, for I truly believed that it would pull him out of this congestive heart failure. Two days later he called me to tell me he was back on colloidal silver! The doctors had told us over the phone that we should not expect him to be weaned off the 2 prescriptions for congestive heart failure for at least 2 months. Do you know that within two weeks of going back on colloidal silver, he had a test and they told him the congestive heart failure was GONE! Praise the Lord! I said Daddy, it's the colloidal silver; and he said, "I know!" (Please note that even though he had been on colloidal silver all along on a maintenance dose, he had chelation therapy 6 days before going into the hospital. He also extremely overdid projects after chelation, and that's how he got sick. We did not know it then, but chelation therapy not only gets rid of all harmful metals in your system, but also silver. Even though we had him take alot, 8 oz., right before he went in the hospital, now we know that when he takes chelation therapy to take more colloidal silver for a week just like starting new again. Plus we also would have given him more that 8 oz. that day, knowing what we know now. However, in spite of all that -- the pneumonia was GONE in 3 days and after getting back on colloidal silver the congestive heart failure (even though milder case) was GONE within 2 weeks. ) Another praise the Lord for us and thank you, God, for colloidal silver and providing help and naturally too! Thank you, Fred, we found out about your generator, too. We hope these two testimonies are helpful to someone else. All we can do is tell you how it has helped us. God bless you all. Sincerely yours, Elaine Rafferty (mommy-to-be!)"

#### FDA BANS OTC COLLOIDAL SILVER DRUG PRODUCTS

As expected, our biased government released last month an FDA TALK PAPER (a letter decision to guide all personnel of the FDA) restricting the sale of any OTC (over the counter) drug products containing colloidal silver or silver salts, claiming they are misbranded! Basically, no medical claims can be made for any product containing colloidal silver or silver salts unless approved by the FDA as a new drug. Now, colloidal silver product sales must be limited, in the US, to use as a mineral supplement, with no medical claims made or implied! The paper can be found at: http://www.fda.gov/bbs/topics/ANSWERS/ANS00971.html

# CATS TUMOR DISSOLVED?

"My much adored Tonkinese cat developed a massive tumor in her midriff area a year ago. It was so bad that she battled to jump onto window ledges etc. The vet's prognosis was gloomy to cut or just leave her as long as she wasn't in pain. I chose to leave her and fortunately came upon colloidal silver just about then. Well, within three weeks of giving her about a teaspoon a day of 10 ppm colloidal silver, the tumor literally disappeared and a year later she's still a happy, healthy kitty with a waistline! Most unfortunately our vet emigrated overseas somewhere and I am unable to obtain the x-ray which would have proved an amazing success story." by Yvonne o2comm@global.co.za Also see <a href="Cat mole">Cat mole</a>

# EPA DATA In Case You Didn't Know (To help you understand)

EPA FACTS - Their silver site on the web sets the maximum allowed intake of silver for life for the 170# sensitive person at 14 Teaspoons of 5PPM/day. This is based on the assumption that you retain part of each dose (the normal discharge rate is 92-98%/24 hours) and thus the fatal dose in ONE DAY would be about 500 gallons of the 5PPM ionic form.

It is interesting to note their statement, relating to angryia, which they classify as a benign discolorization of tissue from excessive silver intake

"Although the deposition of silver is permanent, it is not associated with any adverse health effects. No pathologic changes or inflammatory reactions have been shown to result from silver deposition. Silver compounds have been employed for medical uses for centuries", and yet the FDA claims they are "not recognized as safe and effective"!

The EPA also finds "No evidence of cancer in humans has been reported despite frequent therapeutic use of the compound over the years. "

Their site is at http://www.epa.gov/ngispgm3/iris/subst/0099.htm#I.A.

#### FLESH EATING BACTERIA STOPPED WITH COLLOIDAL SILVER

"I really appreciate your thoroughness in your thought processes that I've seen in your posts to the Colloidal Silver List. I've been making and using colloidal silver now for about a year and a half with success. In fact, I discovered CS out of desperation, as my wife was dying in the hospital from a massive flesh eating bacterial infection (Sudamona and Staph) which turned septic. She had a 105 degree temperature for 21 days straight, required three blood transfusions, and did not respond to even the new newest, most aggresive antibiotic treatments. This happened after the birth of our son via a C Section. They would take her to surgery every day to surgerically remove infected tissues. Now, I've studied many specialized forms of natural medicine over the years, and would have had no problem treating this infection if I could get her out of the hospital, but her condition was such that this was not feasible, and there was no WAY the staff was going to let me use my methods in the hospital. So I found Cs information through a search on the internet, and after two days of experimentation, I figured the product I was coming up with was true colloidal silver. I snuck it into the hospital, and administered it to her orally, about four to six ounces twice daily. Somewhere between 48 - 72 hours later, her fever broke. She had not eaten any solid foods for about 1.5 months ( we believe she was given this hospital derived infection BEFORE the birth of our son via sonogram equipment, and that when they cut into her tissue, it spread rampant - because of how sick she was prior to our sons birth ) and was eating only through intravenous solution. Four days after the fever broke, she came home, with a big hole in her stomach ( about the size of a football ) that was covered with a temporary skin graft. Two months later, after healing at a rate that shocked her plastic surgery team ( they wanted to wait about eight months to do medical reconstructive surgery ), she went back into surgery. From then on out, it was pretty clear sailing, although the road to "health" through such an experience can be long and arduous. So as you can see, I'm very sold on colloidal silver applications, and have been doing my own experiments with external CS formulas for the purpose of tissue regeneration with good success.

While it MIGHT be just pure coincidence that my wife recovered just after beginning internal CS treatment, neither myself nor my wife believe this to be case. Her condition was desperate, and her doctor was one of the states best specialists, and all he could do was throw his hands up in the air, and continue to do the same thing ( expecting different results? )." Jason R. Eaton

#### CAT "THINGY" GONE!

"I have one sort of silly success story, but it is about one of my cats. She got some kind of mole or fungus sticking up way out of her fur on the back of her neck. Everyday, for about a week, I put a dropper full on it. By the next week, the mole or whatever was gone. There is a round bare spot, but not mole or whatever it was. I have several birds and I use it in their water and occasionally spray them with it. I also put it in the dogs and the cats water. You know, their eyes never get that mattery anymore and the best part is the insides of the dishes don't get all slimy. Oh I use it on me and my family too. I can say my sore throat is gone, I am sure, because of it. I give it (Cs) to my granddaughter who lives with me as an evening mouthwash (swallowed). And I gave some to my girlfriend who had a wicked cold and cough. She is better too! So on and on. Again, thanks for the newletter!" Wendy of the Woods

# WAYNE IS LOOKING FOR INFO ON Cs and CANCER PATIENTS!

"Thank you very much for my second colloidal silver generator. We now have it hard at work. Our sales have increased so much since we started making colloidal silver with our first PII generator that we thought we had better buy another one to increase production and also to have a back up in case of a problem with the first one, not that we have ever had a problem with it. Thank you also for the news letter it will be great to keep up with all of the latest developments. I would be interested in any information that any one has on the use of colloidal silver with cancer patients. Kind regards Wayne Monk Skybright Health" EMAIL TO: "D. W. MONK"

In Case You Didn't Know (To help you understand)

HIGH VOLTAGE AC GENERATORS vs. LOW VOLTAGE DC

The first question is "why use HV on an electro-chemical process which needs only a few volts"?

With LVDC generators, ions of silver are stripped from the positive electrode and repelled, as like charges repel. It will start moving to the negative elactrode but at a very slow rate due to the resistance of the water. In time it would reach the negative electrode and get an electron which converts it back to elemental silver, as a soft crystal. By circulating the water, we keep most of the ions of silver dispersed and away from the negative electrode, forming a true ionic colloid of silver, their positive charges keeping them separated for years.

HVAC will first release an ion of silver, from the positive electrode, then the voltage reverses and it will be attracted right back to the now negative electrode and gain its electron which converts it to elemental silver. The heavy fluid circulation from the HV electrostatic forces then blows it into the water! Now, this is a not a colloid or solution but a 'suspension' of very tiny silver particles with no charge. Thus, non-ionic and non-colloidal. I believe we all agree on the higher bio-availability and effectiveness of ionic and colloidal minerals!

HEALTH2US.COM NEWSLETTER JANUARY ISSUE #4 2000 Editor Fred Peschel

#### LYME DISEASE MEDICINE - BAD NEWS!

A class action lawsuit has been filed in PA against SmithKline Beecham, manufacturers of the LYMErix vaccine, claiming they failed to warn doctors and the general public that nearly 30 percent of the population was predisposed to a degenerative autoimmune syndrome.

The vaccine uses surface protein OspA as the foundation for its vaccine. When bitten by a Lyme infected parasite, humans are not exposed to OspA protein. The levels of OspA that enter the bloodstream at any phase of the 3-dose LYMErix vaccine, however, place patients classified by genetic type HLA-DR4+ at risk of developing a condition referred to as "treatment-resistant" Lyme Arthritis, the lawsuit says.

"Once the autoimmune reaction is triggered, it cannot be cured and can only be treated symptomatically for the remainder of the vaccine recipient's life," the complaint says.

SmithKline neglected to include the information in its widely disseminated promotional literature and insisted LYMErix was safe and generally well tolerated, [isn't that what we read in the papers!] the class action says.

About one-third of the general population is HLA-DR4+; this trait is easily detected by a routine blood test; however, SmithKline never recommended that doctors screen for the trait before administering the vaccine, the lawsuit says.

The complaint further alleges [you'll love this part] that patients who are infected with Lyme bacteria when they receive LYMErix-- whether asymptomatic or in the early stages of infection-- could suffer symptoms more progressive and enhanced than if they had not received the vaccine.

SmithKline, the class action says, also neglected to inform doctors and the general public that periodic booster shots beyond the series of three vaccination would be necessary to maintain immunity to the disease. [oops!]

The class action includes counts of negligence, unfair trade practices and a bid for medical monitoring of those who are placed at risk of developing autoimmune arthritis but have not yet been diagnosed with the condition. More data at: LymeNet.org

Editors note: Many Lyme patients report controlling Lyme with oral Colloidal Silver more easily then the doctor prescribed antibiotics and other man made drugs! That says something about our medical system, when a mineral suppliment is more effective then designer drugs!

#### DIABETES AND RAPID HEALING DISCOVERY

About 6 years ago I was playing tennis and the ball kept hitting me in the face and I was miss hitting much more than usual. I made an appointment to go to an eye Dr., thinking that my eyes must be the problem. Prior to my appointment I was talking with my neighbor who is a nurse and she suggested I have my blood tested for Diabetes. I did, sure enough, that was the problem. I have had to take insulin 2 to 4 times a day ever since. One of the problems I discovered with diabetes is that I do not heal from scratches, cuts, etc. It almost always takes about 3 months for any type of skin problem to heal. A friend of mine who bought a Colloidal Silver Generator suggested that I try not only ingesting it but putting it on my skin whenever I need to help something heal. I had just two weeks before had a large book fall off of my desk and scraped my leg just above the ankle which was quite painful and left a dime size wound. When my friend gave me the Colloidal silver I immediately applied some on my ankle. Would you believe it is almost healed over! This was 3 weeks ago when it happened and it had hardly healed at all when she gave it to me last week! A couple of days later on Thanksgiving I was chopping and cutting up onions, celery and other things for our dinner and was using a very sharp knife at my Mothers. I did not realize until I was half through cutting up the veggies that my right thumb was bleeding and looked like a cauliflower. I thought, I'll have a bad thumb for THREE months and I have to do a lot of typing working with the computer. When I got home, I remembered about the Colloidal Silver and before going to sleep, put a little on my thumb. The very next morning I could honest to goodness see a difference. It had stopped hurting and was still cauliflower looking but not deep like the day before. I have to tell you I was impressed! Next, I got a paper cut at the office on my right forefinger on the end close to the nail. Hurt and bled like the dickens so wrapped it in a paper towel to stop the bleeding. When I got home, this was about two days ago, I thought again, I'll use my Colloidal Silver on my finger. It is almost healed and I can hardly believe it. I am so grateful to my friend for sharing with me some of hers and I am grateful to Fred for making it available to all of us. My cat has some kind of ear problem that the Vet has been unable to identify. They gave me ear medicine but it has not helped AT ALL and this has been going on for months. Poor cat, walks around shaking his head and scratching at his ears BUT I am about to start putting the CS in his ears. Will let you know how that turns out. Thank you Fred and I want everyone to know about this, it's too good to keep to ourselves! Sincerely, Elaine B. Simons

We are so glad to get your newsletter monthly. I do have an article for you about my husband. This past summer we went to visit our boys who live in the same city and who both have recreation watercraft, they also live just a few short miles from a very large lake, so we all went to the lake to play all day on the water. My husband is very fair skinned and before long he came off the water looking like a very overdone lobster, his legs were so badly burned he could hardly get off the watercraft. After a little more time at the lake (it was nearly sundown), he was barely moving. When we got to the kids house I told him to soak some paper towels in CS and put them on his legs, he immediately did so. He said the fire feeling left almost immediately, the redness took a little longer but by the end of two days with continual soaking (I'm sure he had 3rd degree burns) the color was practically gone and he did not even blister or peel. We had taken a couple gallons of CS with us (thank God we did) because not only did my husband burn but also our daughter-in-law had over "sunned" herself as well, so we had her soak with the CS and it was just a short time that she was ok. Another story for your readers, our daughter-in-law has a pool cleaning service which she and another woman run all by themselves (they did attend some very intense schooling on how to mix chemicals and such), but one day as they were going from one client to another, they had a mishap and some chemicals spilled in the back of their truck, they quickly found a car wash area thinking that if they washed to chemicals out of the truck, they would be ok. Well, somehow the soaps at the car wash did not mix well at all with the chemicals and there was a big "explosion" of sorts, there was a giant cloud of smoke that arose and before they could get away from the truck to a safe place they were involved in the cloud, and immediately their eyes and nostrils were burned, they washed their eyes with water and as soon as they could see well enough they headed home to shower. We happened to be there this time as well so I told her to quickly pour some CS into her eyes which she did, they quickly eased up then I told her to swab her nostrils with CS which she did, it quickly eased as well, then I told her to shower, then bathe with the CS after she rinsed the shower soap off, this really helped. We are so thankful for the knowledge that we have gained about CS and the many benefits of its uses. Of course we take it internally every day and my husband and I have not been sick for so long. We truly enjoy living the "healthy" life because we are quite active, we are in our mid 60s and we love to go Quad riding as often as the weather allows because we live near mountains and they are so beautiful to explore.

Again thanks for your newsletter. We do know that CS is being challenged, but one thing, we can still make our own and share it with loved ones for health. Sincerely, JoAnne and Richard

In Case You Didn't Know (To help you understand)

The Canadian Gov. silver site: http://www.env.gov.bc.ca/epd/cpr/criteria/awqcfs.html states basically that "silver ions are 300 times more effective then silver chloride and 15,000 times more effective then silver sulphide. The point is, that other silver compounds are just as ineffective! As I always stress, you must know what you start with, to get an effective form of silver for delivery to your body. The need for an ionic form is paramount to getting an effective bio-availability!

Their tests indicated "silver is one of the most toxic of the heavy metals to freshwater micro-organisms". (Ed: would be the same to bacterium in your body)

Quoting: "The effect of speciation on the acute and chronic toxicity of silver was compared using the fathead minnow as the test organism. Silver sulfide, silver thiosulfate and silver chloride were compared to the silver ion, added as silver nitrate. The tests were flow-through in soft water at  $25^{\text{TM}}$ C. Silver chloride was found to be 300 times less toxic, silver sulfide was 15,000 times less toxic, and silver thiosulfate was 17,500 times less toxic than silver nitrate.

Most existing silver criteria, objectives or regulated amounts are not based on the free ionic monovalent ion, which is acutely toxic to aquatic life. Instead they are based on total silver which includes the metal, complexes and precipitates, all of which are very much less toxic than the monovalent ion." (Ed: less effective on bacterium)

HEALTH2US.COM NEWSLETTER FEBURARY ISSUE #5 2000 Editor Fred Peschel

A RESEARCH REPORT BY FRED PESCHEL (ED:)

An extremely effective yet easy lung/bronchial/nasal treatment, which clearing up sinus infections and thus many allergies:

After I fought off the recent Flu attacks but wound up with a bronchial/lung problem, I decided to experiment with a home made nebulizer, based on the excellent suggestions by DR. Brooks Bradley. (He treats patients at his clinic with colloidal silver vapors breathed from a nebulizer with oxygen feed, for "you better go home to die" lung problems, very successfully, with a few 1/2 hour sessions! They don't die.)

For instant gratification, I went to Goodwill and bought a used ultrasonic humidifier for \$7. I added a few ounces of 5PPM Colloidal Silver and by breathing the mist directly, I got prompt improvement and the instant gratification I looked for. The mist may be a little too heavy (my girl friend tried it and said "Oh it went down the wrong tube") but by breathing the mist over a foot from the exhaust (before it vaporized into thin air) there was no feeling of discomfort (your natural cough reflex)!

Two days of 5 - 10 minute sessions cleared me up just great!

Since I have always had a sinus problem, I decided to do double duty and breath deeply in thru my nose and exhaust thru the mouth. That allowed my taking the full blast of the heavy mist without discomfort and in less then a minute Cs was dripping from my nose, indicating I was probably bathing my throat and bronchial tubes also. Now, a weeks later, I have the clearest sinuses I can remember. Cs or salt spray used to help, but never came close to the total clearing I now have - it certainly got into the sinus cavities! I presume there would be excellent sub-lingual (sub-nasal?, sub-bronchial?) absorption also. Like many a harried healer, I did not use a full ounce, as Brooks suggested, but more like a tablespoon/use, or 10 minutes a day of use.

It certainly fixed me up quickly, plus solved a persistant nasal problem. I am decidedly less allergic to strong perfumes, which used to get me stuffed up and sneezing immediately, then the drips, then the sneeze,....!

One thing to remember, is that the rapid cure may fake you out, as stopping the treatments may allow a flareup, so with any infection be sure to continue treating for a week or longer, to be sure all pathogens are dead! A nose specialist told me we all have damaged areas where pathogens reside and thus many allergies are sinus based.

Be sure you get an ultrasonic humidifier! A steam unit would be hot and also void of silver! You will need 5-6 ounces of Cs which we sell for \$15 for 8 ounces. Make sure you clean and flush the water chamber with distilled water first!

By the way, if curious like me, do not put your finger on the tip of the white vertical cone of water, (just above the water level) where the vapor emanates from! Felt some what like pounding a nail into your finger bone! It is the same process used to shatter gallstones. ED: Fred Peschel

#### DOSAGE OF COLLOIDAL SILVER - A CURRENT REVIEW

The generally suggested daily dose of colloidal silver as a suppliment, is 1 tablespoon per day, based on the estimated daily intake from food, before the 1930's, when foods were naturally grown!

The EPA suggested safe dose for 70 years for a 160 pound person is 14 teaspoons per day or roughly 5 tablespoons/day!

When ill you naturally need to take more and the important thing to do is to take it 4-6 times a day, as your body discharges 98% in 24 hours.

I would say twice the EPA dose would work for most and is super safe, for short periods, as their computed safe dose for 70 years is reduced to allow for the 10% of sensitive individuals. It is of course possible that you are one of the few allergic to silver and thus may have to avoid it. If silver jewelery gives you a rash then avoid it!

For external infections, internal use will have little effect! Acne, ear aches, lung infections and rashes are good examples, where direct application is critical to gain control. Many claim ear aches to subside in less then an hour, when a few drops are placed in the ear! Acne can be rduced up to 80% in two days with cleasing with a Cs moistened cotton ball and for lung problems, breath Cs vapors from an ultrasonic vaporizer (not a hot steam type) for 5-10 minutes twice daily.

As with any infection, do not stop treatment when symptoms are gone as you will get reinfected quickly - keep after it for a few more days or even a week longer! Compiled by the Ed: Fred Peschel

# CHRONIC SINUS PROBLEMS GONE and DIABETIC INJURIES HEAL FASTER

FRED: I FOUND OUT ABOUT COLLOIDAL SIVER FOUR YEARS AGO THROUGH SOME MAILINGS AND SAID WHAT THE HECK TRY A QUART OF IT. I PAYED \$25.00 PER BOTTLE, WAS SO INPRESSED WITH IT HAVE BEEN USING EVER SINCE.I LIVE IN MIDWEST AND HAD CHRONIC SINUS PROBLEMS,I WENT AND PURCHASED A SMALL SPRAY BOTTLE SHOOK THE CS UP POURED IT IN BOTTLE AND SPRAY EVERY MORNING UP NOSE 4 SQUIRTS.SINUS PROBLEMS ARE GONE. I AND MY WHOLE FAMILY GO ON VACATION TOGETHER EVERY YEAR TO WISCONSIN DELLS TWO OF MY GRANDDAUGHERS ARE VERY LIGHT SKINED AND SUNBURN EASILY I ALWAYS TAKE CS WITHS US AND HAD MY DAUGHER SPRAY ALL OVER BODY THAT EVENING. INSTANT RELIEF, NO BLISTERS NO SORENESS.

I'AM A DIABETIC AND USE ON CUTS AND SCRATCHES TO HEAL MUCH FASTER. ANYBODY THAT WOULD LIKE TO CONTACT ME ....... RLP51440@AOL.COM See Also Simple Nebulizer

"I forgot to tell you that I love your www.health2us.com site!! Very nice!!!!!!!!!!!!!" Gerard

#### FLOWERS and X'Mas TREE LASTS LONGER

"I use a few drops of Cs in my cut flowers, they seem to last longer and the water never gets smelly, no matter how long I let them go before tossing. Keep smiling, Kass"

"I bought a real Xmas tree 9at Christmas) and it didn't appear to be doing too well, it wasn't drinking water and a

lot of needles were falling off (the guy at the tree lot assured me it was cut down only a few days ago-right!) Anyway I remembered this cut flower experiment and decided to try CS in the tree water-this was 2-3 days after getting my tree. It really made a difference! Now the tree is drinking about 1/2 gal. or so of water a day (so far) and hardly any needles are falling off! Try it !" Janine See also Agricultural Uses

## BACK PROBLEM RESOLVED WITH EXERCISE

"Thank you so much for your tip on curing back problems. I awoke in great pain this morning and crying with rage and frustration as my back felt as bad as it had done for the last four weeks. Desperate to find something, anything, I gingerly tried the net and found you. I felt so much better within minutes I went for my first walk outside even though it was raining hard. Thanks Fred!" Best Wishes Margaret Stead, Business Psychologist, Birmingham UK Go To Full Article

#### DOGS NOSE HEALED

I have this lady in my office who has a dog that has had a raw place on it's nose for 2 years! She said she and her husband had taken the dog to the vet many times, it has had shots, they have put salve on it, etc. and nothing has helped. I gave her a small bottle of CS a couple or 3 days ago and today she gave me this big hug and said that the dogs nose was looking the best it ever had and even looks like it is trying to heal up! She was so delighted. LandLady

In Case You Didn't Know (To help you understand)

The generally accepted basis for the excellent results from the use of Colloidal Silver is that the enzyme that bacterium use to breath is blocked by silver ions and thus the bacterium are killed. It would now appear that that old theory has a weak basis - just what is the chance that a silver ion would happen to bump into a pathogens enzyme from all of the billions of cells it may pass by, before your liver decides to get rid of it! There have been suggestions that cells communicate with each other and now excellent proof has been presented (continued next week)

#### EPA Site Has Been Torn Down!

EPA web site, long trusted for honest information has just been shut down by the Government due to "risk of hackers"! Hard to believe they have such a silly excuse to suddenly block public access! It was announced at the same time the Congress challanged the rights of the Military to force anthrax vaccinations. Connection?? (Ed:) Today, 2/24 it is back up! Wonder what they removed?

HEALTH2US.COM NEWSLETTER JUNE/JULY ISSUE #8 2000 Editor Fred Peschel

"As you may know, the only medically approved current treatments for cancer involve chemotherapy and radiation - both extreme and often fatal! I like the quote attributed to Dr. Laraine Day:

"Cancer is not caused by a chemotherapy or radiation deficiency".

Just what is cancer? Much more basic then you may realize - "cells that have gone astray and instead of dying, split (multiply) uncontrollably! Most body cells are programmed to self destruct (die) after 30 or more days, but damage can turn off that built in signal, giving a cancer cell!

Most cancer experts believe we all develop cancer hundreds if not millions of times in our lifetimes. Given the trillions of developing cells, the millions of errors that can occur in the differentiating (maturing) process of each cell, and our constant exposure to carcinogenic substances (smoke, car fumes, radiation, etc.), the laws of probability dictate that mis-developing cells must occur frequently in the life of each individual. It stands to reason that a healthy body has a corrective system to "reprogram" newly-developed cancer cells into normal differentiation pathways before the cancer can take hold.

Damage to cells happen frequently, due to energy rays and reactive chemicals. When this happens the cell dies, and the body triggers a growth response in a nearby cell to replace it. That much is fact!

Also, "Are you aware that properly used prescription drugs are the fourth largest cause of death?

When improperly used prescription drugs and properly used prescription drugs are combined, they are the third

largest cause of death,	following Cancer and cardiac."
Now w	o add the following

Dr. Budwig in Germany has used some simple food to cure a lot of real serious medical conditions: Cancer, diabetes, liver disease, and many more. Its quite simple: Water soluable oil is needed to carry oxygen to cells of the body so it can heal itself. The best one is flax oil. It must be taken with cottage cheese to energize it. Read her book, "Flaxoil as a true aid against arthritis, heart infarction, cancer and other diseases." Dr Johanna Budwig. Also, in "Optimal Wellness" by Dr Ralph Golan. These simple foods are so plain that anyone can add them to their food intake with no concern. Two tablespoons of flax oil with three tablespoons of cottage cheese is all that is needed each day. The above diseases were cleared up in 3 months. These links might help:

http://home.sol.no/~dusan/foods/fatspage.html http://www.public.usit.net/spinner/Flaxlink.html http://www.lis.ab.ca/walton/Omega/index.html

#### **SUMMARY**

So here we have well documented, painless, effective treatments for cancer but unapproved by the FDA and thus unavailable to most! Having cancer is not by itself bad, I suspect we always have some! Halting or reversing its growth is the important thing, before it effects some vital organs!

There are many other reported successful treatments but in the final analysis they repair your immune system so it can destroy the cancer, just as we were designed to do! Dr. Julian Whitaker, M.D. reports that CoQ10 had excellent remissions as reported by Dr. Langsjoen, a Texas cardiologist, and Dr. Karl Folkers and Knud Lockwood of Copenhagen! In our polluted environment, many would also need a life style change, to give their body a fighting chance!

In the same light there is also a book on documented Cancer cures by the use of simple juice fasts - specifically natural Concord Grape juice only, until the 6 P.M. meal! I have tried it, for a persistant oral thrush that would not respond in two months to many other alternatives but it was gone in less then a week! Initially the stools were "chemical" smelling but in less then a week smelled of fresh squeezed grapes! Apparently the juice cleaned the intestines well! FOS or fructooligosaccharides are known to be an excellent food for your natural bacterial flora and may be the main benefit of the juice, after cleaning plaque out.

Extracted and reported by Fred Peschel http://www.health2us.com

# MORE AGRICULTURAL APPLICATION OF Cs

Cs kills leaf curl on peach trees and apple rust on apple trees in my orchard. Great for roses also!!!

### Henry Reed wrote:

Everyone probably already knows about this, but just in case, here goes. This time of year when expensive, delectable white peaches come home from the grocery store in a 'smashed' condition, they will exude much juice and, even if refrigerated, will become uneatable from deterioration. But I have found that if I spray them with a fine misting of cs, they can be left out at room temperature to finish ripening and get really sweet and tasty. The bruises even get better, ie., firmer and with better color. The juice stops flowing and nothing rots!! This is incredible, but it happened 2 times for me. Also a philodendron developed 'jungle rot', (layman's term) with many leaves affected before I noticed. Out with the spray for leaves and added a few ounces to its root water and voila! the rot is stopped dead in its tracks. A tomato with unbroken skin developed a blistery looking area. I sprayed the area well. Next day the blistery area was firmer to the touch and had only spread a little. Usually I just toss a tomato like that, but was able to use most of that one. Great stuff. Also see Plants Last Longer

#### A HAPPY CUSTOMER

I don't know if you remember me, My name is Curtis Griffing and I purchased a silver generator from you about a year ago. Thank you. It's one of the best investment that I've made for my family's health.

# OPEN WOUND HEALS

My Mother is 85 and was using a paring knife over the weekend and cut her finger to the bone, she said it bled a lot and she wrapped it in a rag and soaked it in CS. The next day you could hardly see where she had cut it. It is so AMAZING how it heals the skin! Will be back in touch soon and THANK YOU THANK YOU. Elaine

I had a heart attack 11 years ago which did no damage other than totally block my right coronary artery but as the left side collateralised three back feeds the only discomfort I had was angina on exertion. So I lived off heart pills until I got sick and went to hospital for an overnight stay in late 1998. As I got no answers from that visit I started researching heart disease and became a convert to vitamins and minerals. I did a course of oral chelation and unblocked the arteries in my legs which had been causing me severe pain for 10 years.

I also gave up smoking and stopped taking heart drugs 18 months ago and just continued taking vitamin C and E everyday. Plus Colloidal silver of course. As I had been putting off the bypass operation for 10 years without any change of lifestyle my new knowledge was too late to reverse the existing damage to my arteries and when I finally went to see the cardiologist earlier this month he stuck me in hospital for a cardiogram which showed the right side 100% blocked and the left coronary artery to be 80% blocked so I was put on the emergency waiting list and had the operation a week later. They gave me a beating heart, off pump, triple bypass.

That was 17 days ago.I continued taking 2000mg VitC and 500mg Vit E plus a swig of my silver everyday. My scars have healed up perfectly without any infections and when they took the vein out of my leg they said it was in real good condition which I attribute to the oral chelation from Karl Loren.

I have agreed to take a low level dose of betablocker as I can't get my BP down without it plus a low level Statin for three months to give my grafts the best chance to heal. After that I hope to have gone back on natural products.

My research shows I can get the cholesterol out of my blood but you need a high fiber diet to soak it up and stop it being reabsorbed in the lower intestine.

I havent worked out how to get my Blood Pressure down which fluctuates up to 140/100 at rest without using betablockers so if you know anything that works I would appreciate your view. http://www.healthvision2020.com Regards Fred Mort, N.Z.

# Happy Customer

We've been using your silver generator for a few years now and are simply amazed at its simplicity and ingenuity. Thank you. We would like to know if you will be building an Alkaline Water system soon. We would be very interested in purchasing one from you. (Ed note - still looking into them!)

Sincerely, Tadd Pockrandt

# ANOTHER "FORMER" BACK PAIN SUFFERER

I can't say thanks enough for this site. This simple stretch that has relieved my neck and back of pain that I've had for a solid year and off and on for 20 years. My insurance company denied any additional chiropractic visits because I was going so often (but never getting total relief). In desperation I prayed for something that I could do myself -- then I found your site (http://www.health2us.com/back.htm). That was two weeks ago.

Thanks again. Lynn Stinson Lakeland Electric Technical Training

# SHINGLES GONE

a small miracle due to colloidal silver.....my 22 year old daughter suffers from outbreaks of shingles when her stress levels get out of control....it would start with a red patch which would be very painful and then lump up and eventually turn to runny blisters....each outbreak would take about two weeks to run its course and then leave a scar....when this last one started i gave her colloidal silver and she applied it externally one time and took it internally twice a day...the result was that the eruption was interfered with and went away with only minor symptoms which are now completely gone ....about 5 days.. she is now taking a maintenance dose daily and we will see if she ever sees the problem again.......thanks, MBonin

# NEED TESTERS - Let me Know if it Works!

Try the "spit test" for Candida. First thing in the morning - spit into a glass of water. If the spit sinks - you have candida; if it floats - you are clear. Not sure who contributed this but give it try...

#### FIRE ANT TREATMENT

In Florida we are plagued with fire ants! They mass attack when bothered and sting with "burning" formic acid stabs to your skin. The other day I was spraying a large mass of them, that were moving close to my sliding door due to heavy rains, and discovered about 30 had gotten on each of my bare feet! By the time I got them off I was really hurting from 20-30 stings on each foot. Being an experimenter, I decided to treat the left foot with colloidal silver and the right with my old standby for any sting, a salt water soaked cloth. The next day it was clear that the salt water was slightly more effective, although colloidal silver also stopped the pain and prevented

the usual swelling - about 90% as effective!

My left foot has 17 small red spots (like chicken pox) and more then half started forming a puss head while the right foot has 12 red spots and less then half formed a puss head.

The normal reaction I have is a large boil like welt which lasts for days and finishes with a large, slow healing puss head. Both solutions prevented swelling and reduced pain/itching within a half hour.

The theory behind using salt water is that it is your natural body electrolyte (mass transport medium) and thus helps disperse the formic acid so your blood can carry it away. Your normal body reaction is to swell the area, which retains the poison and then your white blood cells move in to try to destroy it, leaving a puss pocket which is very slowly absorbed. The Cs has the same effect although surely not by the same mechanism. It apparently turns off the immune systems reaction to the foreign matter injected or actually neutralizes the acid so you do not react. I believe the former, based on my reaction to burns.(ED:Fred)

#### Next Issue:

Yeast infections - feed back and my oral thrush ordeal and finally a solution that makes sense. Stay tuned!

Also a report coming on treating poision Ivy and Poison Sumac for next issue - Cs reportedly made a major difference in both cases on a few people - semms to turn off the bodies reaction to foreign matter, which may explain my experiences of never getting a blister or pain when I get burned with my soldering iron (350 degrees), if I apply Cs! We are waiting for a copy in the mail, including a recent analysis on Poison Ivy itself, as a trigger to your immune system.

If any of you have experienced using Cs on these, please email so we can extend our study and report. Hopefully we can deduce the unexplained effect Cs has on many body reactions, unrelated to its ability to kill most pathogens. (I Still think it should be classed as an essential mineral! - Ed: Fred)

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Please forward this newsletter to any interested friends. We would be glad to add them to our list. To subscribe, send an email to

subscribe@health2us.com with a subject title of ADD me to your list.

To your good health, Fred Peschel, Pres. PII Producer of the worlds best Automatic Colloidal Silver Generator http://www.health2us.com