



LIBRARY RESOURCES

**Exact Means And Methods
to Eliminate Infectious
Viruses, Bacteria and Other
Pathogens to Help Maintain
or Regain Health**

*Revision May 1998
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Exact Means And Methods to Eliminate Infectious Viruses, Bacteria and Other Pathogens to Help Maintain or Regain Health

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The complete process is described here in detail to allow anyone to successfully achieve recoveries and insure that the currently proven methods will never again be "lost" or suppressed. What You Do.

- 1) Blood electrification for a minimum of 2 hours per day for a minimum of 4 weeks. Apply salt-water moistened electrodes over Ulnar and Radial arteries on opposite insides of same wrist. A Velcro® and elastic strap holds electrodes in place. You must electrify blood for two hours every day for at least four weeks. This should not interfere with other activities. As your blood circulates normally, enough will be flowing along this path in the forearm until most blood in your body is eventually treated by the 50 to 100 microampere current flowing internally. About 3 to 5 milliamperes is necessary at the skin to overcome resistive losses through tissue before current reaches blood.
- 2) Drink 3 to 5 ppm self-made Ionic Silver Colloid daily. Costing under 1 cent per gallon, colloids are shown to easily control opportunistic infections. This gives you a second intact immune system. 3) Apply your magnetic pulse generator for about 20 minutes daily by positioning and pulsing coil over lymph nodes and internal organs. Pulse each time it recharges at several second intervals. Pulses of high intensity time-varying magnetic flux generate a measurable back e.m.f. in adjacent tissue thus neutralising any residual germinating and incubating pathogens. Without this step, sufferers have been known to sometimes re-infect themselves. Conventional permanent magnets cannot be substituted for this purpose.
- 4) Drink as much ozonated water as you can comfortably ingest daily. You must generate fresh ozone yourself each time and drink immediately since O₃ has a half-life of only a few minutes. All known pathogens and cancers are anaerobic. O₃ aids their elimination by oxidation and speeds your detoxification and recovery with no discomfort. Consuming O₃ water flushes neutralising pathogens, wastes and toxins from your system.

THESE FOUR STEPS WORK SYNERGISTICALLY AND SHOULD BE USED TOGETHER.

A TECHNICAL EXPLANATION OF EACH UNIT FOLLOWS:

How and Why You MUST Do This

- 1) The blood electrifier and ionic silver colloid maker are usually combined in one small plastic box typically 3 3/4 X 2 1/4 X 1 inch (cigarette pack size) containing one outlet for wrist electrodes and a second for colloid making. A single 9V transistor radio battery drives a voltage tripler, and a single-IC-chip switches the 27V from negative to positive 3.92 times each second. A biphasic square wave with sharp rise-time output is fed to a 3.5 mm jack connecting to two 3/32" stainless steel or gold-plated

electrodes 1" long each covered with two layers of 100% cotton flannel saturated with diluted salt water. A potentiometer allows users to adjust output until comfortable. Red and green LED's show polarity reversal (essential for safe blood electrification) and overall system functioning. A grain-of-wheat lamp indicates current flow when making ionic colloid. Precise electrode locations are determined by carefully feeling arterial pulse points on opposite insides of same wrist and positioning saturated electrodes precisely along the paths where arteries come closest to surface. Locations are critical, since the objective is to supply maximal current into blood and not waste it in surrounding flesh. Typical impedance measured from electrode-to-electrode may be as low as 2000 *ohms* Adjust output for strongest comfortable level. Schematics, parts lists and instructions for a three 9 V battery design are detailed in this paper. Anyone can build his own system; you need nothing except replacement batteries. However commercially available systems are inexpensive, reliable, and are useable immediately.

- 2) Ionic silver colloids of excellent quality and freshness are easily user-made as follows: Pure silver (.999) or better yet, .9999 (4 nine) 14 gauge electrodes providing anode and cathode about 6" long, are immersed in distilled water. Some prefer "golden" colloids, easily made by heating 2 cups of distilled water to the boil in a non-metal container. Immerse silver wires and activate the 27 Volt DC output for ~15-20 minutes to produce 3 to 5 ppm. The colloid will probably be clear but if run longer will turn a golden yellow. Stir and drink two or three times daily. Store silver ionic/colloidal silver in dark brown bottles. Keep out of light and do not refrigerate.
- 3) Magnetic Pulser: This extremely useful tool neutralises active, hibernating or incubating pathogens being normally processed in lymph, spleen, liver, skin, kidney, stomach muscles and other tissue. It is easily made by purchasing or winding a ~2.5 millihenry coil and driving it with a ~35 to 70 Watt-Second (Joules) electronic flash or "strobe" (A Joule is CV² where C is in microfarads and V is in Kilovolts.) A self-wound inductance of ~130 T #14 or 16 GA, plain enamelled magnet wire works well. A 2.5 mH audio speaker cross-over coil is prettier. The coil is simply wired between one electrode of the strobe flash lamp and it's capacitor. The device, if self-made, costs less than \$50 and is vastly more powerful than \$5000 to \$7000 commercial devices of far less measurable power. The open coil kicks a steel washer several feet into the air when pulsed thus showing the "occult" (invisible) energy going into your body during use. A typical finished device tests 600 mfd. 330-350V, 36.75 W*S, 21,490 Gauss, 115 Amperes peak, 31,050 Ampere Turns pulse rise time ~1 .8 microseconds, pulse duration ~2.5 milliseconds, penetration ~9" in tissue. Along with it's ac power supply it fits in a box 3 1/4 x 4 x 11 with an external applicator coil 2 1/4" dia. x 1 3/8" thick on a 4' cord. (These details are offered for professionals only.) You can contact SOTA Instruments Inc. for the devices: 1-800-224-0242, Fax: 250-814-0047, P0 Box 1269, Revelstoke, BC VOE 2S0 or P0 Box 866, Point Roberts, WA 98281-0866.
- 4) Ozonised Drinking Water: Before adding this final step to the "magic four", we had some very uncomfortable full-blown AIDS patients while they were detoxifying. By drinking ozone-charged water, some of the benefits of ozone use such as insufflation (O₃ enemas), autohemotherapy, O₃ injections and blood bubbling, Oxygen Bars and Hyperbaric Chambers are enjoyed and made simple and inexpensive. Tanks of "medical oxygen" (identical to welding oxygen) require medical prescriptions. Ozonised water is made from oxygen in ambient air and costs nothing. MAKING YOUR OWN: You can purchase ozone generators legally in tropical fish (aquarium) stores. Preferred is the 200 mg/hour stainless steel Sander (brand) ozoniser used with an aquarium aerator pump. (Avoid models using aluminum, metal or ceramic i.e. alumina ozone electrodes.) Air, pumped through a bubble-making "stone," is passed through chilled water. Depending on the strength of the ozone maker you buy, water becomes "saturated" in a few minutes and must be drunk immediately. You can see an increase in % blood oxygen

saturation which often reaches 100% within minutes. Be aware that ultra-violet although cheaper is not as effective as a good quality, cold-corona high voltage ozoniser. Construction and use is fully explained in this paper.

WARNING: If you are ill with AIDS or your immune system is seriously compromised and you choose to try this program, it is advisable to work with a knowledgeable holistic health practitioner. If your symptoms clear and you stop the program prematurely (after only the minimum schedule) your symptoms may return worse than ever. It is important to continue the program for an extended period to ensure the immune system has an opportunity to regain the necessary strength and deal with the toxins and pathogens that must be expelled.